She works similarly with women who seek breast augmentations. In Las Vegas, Fisher says, the size of breast implants requested by many patients is typically larger than in other parts of the country.

Despite the fact that breast augmentation surgery has become commonplace, "You really have to educate (patients) about the risks involved," she explained. "It is a real surgery with a real surgeon performing the operation. There is a risk in everything—bleeding, scarring, and potential emergencies. It's a big deal."

The same goes for patients who consult with Fisher after losing a large amount of weight (either through diet and exercise or via bariatric surgery) in hopes of removing the resulting excess skin. "For people who've lost a hundred or more pounds ... that skin takes a major hit and it stretches beyond repair. It has, a lot of times, no capacity to come back at all," she says.

"Even in the best of hands, getting the contour that you would for somebody to be on the cover of a magazine or in a beauty pageant is not going to happen. It is going to improve, and sometimes it improves dramatically, but just managing those expectations and making sure that you're on the same page as the person coming in to see you (as a patient), sometimes it's really hard."

While it is "impossible to achieve somebody's ideal image of perfection," she said, "if their expectations are realistic to where they understand it's about reaching a certain goal for them within their own body and their own skin and under their own circumstances, those people can have dramatic results."

Meanwhile, Fisher also keeps abreast of the latest advances in "non-invasive, non-surgical modalities of facial rejuvenation," such as Botox for wrinkles, soft tissue fillers and special skincare options. "People are demanding more of that," she said. "They don't want as much down time from work or from taking care of their families" as is typically required to recover from traditional surgical procedures.

Interestingly enough, some patients have pointed to Fisher's own full lips as the type of plump pout they wish to possess.

"It's amazing to me because when I was growing up, (plump) lips were not in," she said. "I got made fun of for these lips, and now I have people asking me, 'Have you done this to your lips? I want yours.""

No matter what type of procedure she performs, "My ultimate goal is to help (patients) make their own personal goal happen," Fisher said. "When somebody tells you that they've waited 20 years to be able to save up for enough money to have this surgery, that they've never done a single thing for themselves and you've helped make their dream come true, that is amazing."

Hair & Makeup: Lori J White

Styled by: Laura Rubeli Image Consulting

Photography: Phojo Photo

