

As a child, Dr. Orna Fisher was fascinated by her family doctor's ability to make people feel better during house calls. Although she considered becoming a scientist like her mother, her love of health, science and nature led to a medical career. "I was not one of those kids who considered mind-blowing careers like an astronaut, president, fireman or race car driver. I simply knew that I would be a doctor," she said.

During her freshman year in college, she excelled in a gross anatomy class and became a teaching assistant for the course, typically a graduate-level position and a title she maintained throughout her college career. In hindsight, Dr. Fisher believes the experience contributed to her decision to become a surgeon.

At the Keck School of Medicine at the University of Southern California, Dr. Fisher was exposed to plastic surgery and ultimately developed an interest in breast reconstruction, pediatric plastic surgery and burn surgery. She completed a six-year residency in general surgery at the University Of Nevada School Of Medicine followed by two years of subspecialty training in plastic surgery at the Oregon Health and Science University.

In 2011, Dr. Fisher opened The Fisher Center and sees a variety of patients for surgeries from major reconstructive challenges to cosmetic makeovers. "For some patients the goal may be to improve confidence, and for others it may be to achieve a sense of normalcy. Either way, it's an improvement in the quality of life," Dr. Fisher said.

For facial rejuvenations, Dr. Fisher performs surgery on the eyes or nose to make the face appear brighter and more youthful or injects dermal fillers such as Botox, Restylane or Juvéderm to fill wrinkles and smooth skin. She also offers breast and tummy procedures that reposition the body parts called "mommy makeovers" including liposuction, tummy tuck, breast augmentation, breast lift or breast reduction. Her ultimate goal is to help make women feel confident with their body, especially after childbirth.

Dr. Fisher explained, "Plastic surgery is real surgery. Understanding what you are getting into with respect to the possible complications and recovery time is key along with a realistic understanding of what is achievable and what (plastic surgery can't fix)." She suggested that patients who have an interest but are not yet prepared for facial rejuvenation should try something temporary and non-invasive.

Above all, Dr. Fisher advised that good skin care and good nutrition are the foundation for beauty at all ages. The clinic carries a line of skin care products containing vitamin C and retinol and advises patients to apply and reapply sunscreen daily.

According to the surgeon, face transplantation is an advancement that is revolutionizing the area of plastic surgery. Additionally, research in stem cell technology has great potential for cosmetic and reconstructive applications, already changing the way some of her procedures are performed.

Outside of work, Dr. Fisher is a wife and mother who loves to spend time with her family and enjoys gardening, cooking, exercising, traveling and learning.



ORNA FISHER, MD

**HOMETOWN: HOME IS WHERE THE HEART IS!
OCCUPATION: PLASTIC SURGEON**

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